

# Great Valley Aikido

Presents

The 10<sup>th</sup> Anniversary Seminar

Lee Crawford Sensei

6<sup>th</sup> Dan from Aikido Northshore

May 4, 5, 6, 2018

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**Hosted by:**

**Aikido West Reading**

**3459 Penn Avenue**

**Sinking Spring, PA 19608**

**Tel: 610.372.5511**

*About Lee Crawford Sensei:*

Crawford Sensei 6<sup>th</sup> Dan, began her aikido training in 1980 under the direction of Akira Tohei Shihan at the University of Wisconsin Aikido Club. After relocating to Seattle in 1988, she became the Assistant Chief Instructor for George Ledyard Sensei at Aikido Eastside in Bellevue, WA. In 1995 Crawford Sensei opened Aikido Northshore in Kirkland, WA.

Crawford Sensei has trained extensively under the direct instruction of Mitsugi

Saotome Shihan and Hiroshi Ikeda Shihan. She also includes Kevin Choate Sensei and Patty Saotome Sensei as having strong influences on her aikido.

In 2014 Crawford Sensei was awarded the Ueshiba Juku designation by Saotome Shihan. This honor identifies those who are in a direct line of succession from O'Sensei through Saotome Shihan.

Registration is \$20 per class or \$80 for the entire weekend.

Friday (5/4) 6:30 PM to 8:00 PM

Saturday AM (5/5) 10:30 AM to 12:00 PM

Saturday PM (5/5) 2:30 PM to 4:00 PM

Group Dinner after Saturday PM class – All Invited!

Sunday AM (5/6) 10:30 AM to 12:00 PM

**Please mail  
registrations to:**

**Joseph Rafferty  
505 Beaumont Circle  
West Chester, PA 19380  
Questions: [jwraff246@gmail.com](mailto:jwraff246@gmail.com)**

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Today's Date

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First Name

Last Name

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Street Address

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City

State

Zip code

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Telephone

Email

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Emergency Contact

Telephone

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Select:

- |                               |                          |      |
|-------------------------------|--------------------------|------|
| Entire Seminar                | <input type="checkbox"/> | \$80 |
| Friday 6:30 PM to 8:00 PM     | <input type="checkbox"/> | \$20 |
| Saturday 10:30 AM to 12:00 PM | <input type="checkbox"/> | \$20 |
| Saturday 2:30 PM to 4:00 PM   | <input type="checkbox"/> | \$20 |
| Sunday 10:30 AM to 12:00 AM   | <input type="checkbox"/> | \$20 |

**Please mail registrations to:**

**Joseph Rafferty**  
**505 Beaumont Circle**  
**West Chester, PA 19380**  
**Questions: jwraff@comcast.net**

**Make Checks payable to: "Peter Kaye".**

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Total Cost:

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#### INJURY WAIVER FORM

I affirm that I am in good health and acknowledge that all activities, especially with regard to actual physical training in the martial arts, are entirely voluntary and I can, at any time, elect not to participate in any activity during class without reason.

I hereby release Great Valley Aikido and Aikido West Reading, their employees, owners, instructors, and participants from any claims, demands, and causes of action arising from my involvement during any class at Great Valley Aikido or Aikido West Reading.

I fully understand that injury may occur and I hereby release Great Valley Aikido and Aikido West Reading, and their owners, employees, instructors, and participants from any liability now or in the future without limitation to pulls or tears (muscles, ligaments, or tendons), muscle strains, broken bones, joint dislocations, hyperextensions of bones and joints, injuries of ankle, knee, hip, lower back, shoulder, elbow, wrists, fingers, or toes, heart attacks, strokes loss of vision, concussions, dental trauma, paralysis, or death suffered directly or indirectly during or after my participation in any class taken at Great Valley Aikido or Aikido West Reading. I also understand that any treatment for injuries sustained will be of a first aid type only, given with my permission, and I fully understand that the provider may not be a trained medical care provider.

Before starting this or any other exercise program, always consult your doctor. All students are required to provide their own medical coverage. I hereby affirm that I have read fully, understand, and agree with the above statements.

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Print Name

Signature

Date